

Neath ASC - Open Meet
06th November 2010
(Under FINA Technical Rules & Swim Wales Laws - Licence Level
No: 010WL3-061 & 010WL4-062) Level 3 & 4 Meet

1. **NOTE: Only authorised use of video and still cameras will be allowed during the duration of the meet. A sign in book will be available, where an individual can obtain a sticker which authorises use. Identification will be required. No videoing or the taking of photographs will be allowed on poolside.**
2. All entrants must be members of an Affiliated Club and must be amateurs as defined by Swim Wales law.
3. There will be three sections to the open meet, the first will section allows competitors from **9 years** and over to compete in all 200 metres events. The age categories for boys will be split between 9/10, 11/12, 13/14 and 15/over and for the girls split between 9/11, 12/13, 14/15 and 16/over. Awards will be given under this category for first three swimmers in each age group specified.
4. The second section is an Aquatic Pentathlon competition on all four individual strokes plus a 100metre IM. An age restriction of **8 years** will be in place for these events. The will be swum as one race for Girls and Boys. Awards will be separated into 8, 9, 10, 11 & 12 for both girls and boys with medals for the first 3 in each event. The events that form part of the Aquatic Pentathlon for 8 years old will be 25 metres for backstroke, breast stroke and butterfly, 50 metres freestyle and 100 IM. For all other ages 50m swims on all four strokes plus a 100 IM. Swimmers with an age group qualification time cannot enter this section of the meet. As the will be the level four section of the meet NT times will be accepted.
5. The third section is an open competition on all four individual strokes over 50 metres. This will be available to those swimmers who have an **age group qualification** time for both girls and boys. Awards will be given under this category for first three swimmers in the open category group specified.
6. There will be a 50 metre kick race for both girls and boys. The age category for the kick race will be 9/11, 12/13, 14/15 and 16/over for girls; 9-10, 11/12, 13/14, 15/over for boys. Prizes will be awarded for the first three in each age category.
7. All competitions will be determined by heat declared winners (HDW). There will be no finals.
8. Awards for best away club, girl and boy will be available on the day.
9. On entry forms, please enter event numbers and latest times in the appropriate boxes. This should be shown on the summary sheet or manual entry forms.
10. ***Electronic entries from the Hy-Tek Team Manager would be most welcome. The event file for input into TM is available upon request.***
11. All entries to be accompanied by the correct fee of £4 per event for all entries sent by TM. Please forward all summary sheets and a SAE at least A5 size. **Cheques** should be made **payable** to **“Neath ASC Open Meet”**.
12. Closing date for entries: **SATURDAY 16th OCTOBER 2010.**

13. Disclaimer: Neath ASC cannot be held responsible for late postal or email entries.
14. With regards to entry times faster than or equal to the qualifying time will be guaranteed an entry. Entry times falling between the qualifying time and the consideration time will be included – **provided the meet is not oversubscribed**, with the faster times being given priority.
15. With regards to the junior and Aquatic Pentathlon competition no entry times (NT) will be accepted.
16. Neath Open Meet Committee reserves the right to return entries. Swimmers will be accepted up to the maximum possible. Any swimmers not accepted will have their fees returned. Refunds will be in the form of a single cheque payable to each club.
17. Clubs may have a maximum of three poolside managers at each session. These will be admitted with a special pass ordered beforehand - £12.00 per person (buffet lunch token is included with the pass). The passes will be available in the meet office area on the morning of the meet and must be worn at all times. Please note that Coaches/Managers without a pass will not be allowed onto the poolside.
18. Spectator passes will be £2.00 for each session.
19. Team managers must ensure that swimmers are available to the marshal's one event before their swim.
20. Ages as at 06th November 2010 i.e. "Age on day".
21. No swimmers may enter events "Out of Age".
22. Clubs will be sent confirmation of the entries entered into the computer. If you provide your email address, details can be forwarded via email or you can send a return envelope for the confirmation details.

Programmes for the meet will be printed in advance showing the heat & lane allocation of each swimmer for each event and heat in the first two sessions. When a swimmer fails to show in the marshalling area prior to the start of the race then that lane will be left empty. No substitute swimmers will be allowed.

21. Where possible over the top starts will be used.
22. All correspondence to:

**Neill Golding,
101 Main Road, Bryncoch,
Neath. SA10 7TL
Tel: 07828247761
E Mail: neillwelshss@aol.com**

**Venue: Neath Swimming Club
Dyfed Road
Neath**

Neath ASC Open Meet - 06th November 2010

Programme of Events

In the senior category an award will be given to the top three boys and girls the age categories for boys are 9/10, 11/12, 13/14 & 15/over, for the girls they are 9/11, 12/13, 14/15 16/over. For the Aquatic Pentathlon all four individual strokes will be 50 metres HDW for 9 to 12 years old. 8 year olds will swim 25 metres for backstroke, breast stroke and butterfly, 50 metres freestyle and 100 IM and will be swum as one race, for Girls and for Boys. Awards will be separated into 8, 9, 10, 11 and 12, age groups for both boys and girls with medals for the first 3 in each event. There will be an open section of 50 metre sprint for all four strokes for both girls and boys. There will be a 50 metre kick race for both boys and girls. The age category for the kick race will be for boys are 9/10, 11/12, 13/14 & 15/over, for the girls they are 9/11, 12/13, 14/15 16/over. Prizes will be awarded for the first three in each age category.

Session 1

Warm up 8.00a.m. - Start 9.00a.m.
(Provisional times)

Session 2

Warm Up 12.30p.m. - Start 13.30p.m.
(Provisional times)

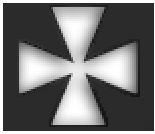
Event	Event
1 Boys 200m Freestyle - 9 years & over	17 Boys 200m Backstroke - 9 years & over
2 Girls 200m Backstroke - 9 years & over	18 Girls 200m Freestyle - 9 years & over
3 Boys 50m Breaststroke - 12, 11, 10, 9	19 Boys 50m Butterfly - 12, 11, 10, 9
4 Boys 50m Breaststroke - Open	20 Boys 50m Butterfly - Open
5 Boys 25m Breaststroke - 8 years only	21 Boys 25m Butterfly - 8 years only
6 Girls 50m Butterfly - 12, 11, 10, 9	22 Girls 50m Breaststroke - 12, 11, 10, 9
7 Girls 50m Butterfly - Open	23 Girls 50m Breaststroke - Open
8 Girls 25m Butterfly - 8 years only	24 Girls 25m Breaststroke - 8 years only
9 Boys 200m Butterfly - 9 years & over	25 Boys 200m Breaststroke - 9 years & over
10 Girls 200m Breaststroke - 9 years & over	26 Girls 200m Butterfly - 9 years & over
11 Boys 50m Backstroke - 12, 11, 10, 9	27 Boys 50m Freestyle - 12, 11, 10, 9
12 Boys 50m Backstroke - Open	28 Boys 50m Freestyle - Open
13 Boys 25m Backstroke - 8 years only	29 Boys 50m Freestyle - 8 years only
14 Girls 50m Freestyle - 12, 11, 10, 9	30 Girls 50m Backstroke - 12, 11, 10, 9
15 Girls 50m Freestyle - Open	31 Girls 50m Backstroke - Open
16 Girls 50m Freestyle -8 years only	32 Girls 25m Backstroke - 8 years only
Lunch	Break

Session 3 – I.M. & Relay Session
Warm Up 16:30p.m. - Start 17:00p.m.
(Provisional times)

Event

- | | |
|----|---|
| 33 | Boys 100m I.M.
8 Years only |
| 34 | Boys 100m I.M.
9 to 12 Years |
| 35 | Girls 100m I.M.
8 Years only |
| 36 | Girls 100m I.M.
9 to 12 Years |
| 37 | Boys 200m I.M.
9 years & over |
| 38 | Girls 200m I.M.
9 years & over |
| 39 | Boys 50 Free Kick Race
9 years and over |
| 40 | Girls 50 Free Kick Race
9 years and over |

Warm up and start times for **ALL** sessions are currently provisional only. Confirmed times will be available when all entries have been received and processed. Details will be returned with the confirmation of entries.



010WL3 - 061
& 010WL4 -
062

Neath ASC Open Meet 2010
6th November 2010 - Entry Form
Closing Date: Saturday 16th October 2010

Payment Summary Sheet

Please complete the following Payment Summary sheets and return with entries.

Club:		Contact Tel No.	
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Contact Name:		Email Address:	
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Number of Coaches Passes (Max 2 per club unless prior agreement)		x £12	=	£
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Entries

Total Entries for Girls		x £4	=	£
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Total Entries for Boys		x £4	=	£
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Total Amount Enclosed			=	£
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Payment to: Neath ASC Open Meet

Neath ASC Open Meet 2010
6th November 2010 - Entry Form

010WL3 - 061 &
010WL4 - 062

Closing Date: Saturday 16th October 2010

Youngest age for 200m swims 9 years.

Name of Swimmer:		Date of Birth	
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Club:		WASA Number	
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Contact Name:		Male/Female	
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Contact Tel No.		Email Address:	
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Events	Events No	Proof of Event Time	Time
Freestyle 200m			
Freestyle 50m			
Backstroke 200m			
Backstroke 50m			
Backstroke 25m			
Breaststroke 200m			
Breaststroke 50m			
Breaststroke 25m			
Butterfly 200m			
Butterfly 50m			
Butterfly 25m			

100m IM			
200m IM			
50m Kick Race			

Entry Fees

£4

Entries to: Neill Golding, 101 Main Road, Bryncoch, Neath SA10 7TL Tel. No. 07828247761
Please enclose SAE (min. A5 size) for confirmation of entries or forward email address.

TM Entries to: neillwelshss@aol.com

010WL3 - 061 &
010WL4 - 062

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Application for a Poolside Pass
(Coaches, Team Managers & Poolside Helpers)

Please note that all applications for poolside passes from Coaches, Team Managers, Poolside Helpers, etc. must be accompanied by the persons: i. WASA Number ii. CRB Number iii. Photograph

Please complete the following:

1) Full Name:

2) WASA No.

3) CRB No.

4) Please provide a Photograph:

Anyone without a pass will not be allowed onto the poolside.

Entries Returned to: Neill Golding, 101 Main Road, Bryncoch, Neath SA10 7TL

Tel. No. 07828247761

TM Entries to: neillwelshss@aol.com